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Red Earth and Wilderness Within Women's Immersion: Lake Mungo and Culpra Milli

MONDAY, 28TH APRIL - FRIDAY, 2ND MAY 2025 (5 DAYS)
CULPRA MILLI & LAKE MUNGO NATIONAL PARK



Scan the QR Code or click
[here](#) to apply

**Places
are
Limited!**

Culpra Milli & Lake Mungo National Park Program Overview

Dear Women,

You are invited to spend five, special days on the Traditional Lands of the Barkandji and Mutthi Mutthi People.

Spend two days at the Culpra Milli Outstation and be welcomed by the Pearce Family, the Traditional custodians of this Land. Listen to truth-telling and dreaming stories that have been passed down through many generations. Share meals and time around the fire connecting over this unique experience, yarning into the evening. Try your hand at weaving, an ancient technique that still exists to this day. Walk on Country down the Milli (Murray River), discovering more about the rich history of this Land.

Visit the breathtaking Lake Mungo National Park on a Discovery Ranger Guided Walk, where you will be shown evidence of ancient life and Australia's oldest living civilisation. Learn about the women who continue to honour, protect and preserve this Land. Take in the beauty as the sun rises over this striking Country. Gather around the fire and listen to talks on Aboriginal lore and Women's Business. Pause and reflect on the experiences you've shared as the songs of the cockatoos sound out your final evening.

We hope you can join us on this opportunity to connect with the land, yourself and the women around you

We acknowledge the Traditional Owners of the Barkandji, Paakantji, Mutthi Mutthi and Ngiyampaa Countries on which we will be meeting, and pay our respects to Elders past, present and emerging.

Experience, connect, and grow with Traditional Custodians



- 🕒 Join us in April - May 2025 to experience life with female Traditional Custodians on Country
- 🕒 Stay in privately held, remote Homelands which are inaccessible outside of this setting
- 🕒 Make meaningful, authentic connections with Indigenous Australians living on their own land
- 🕒 Learn about language, land, history and culture from welcoming hosts so willing to share
- 🕒 Meet other women to connect about sacred women's business
- 🕒 Be supported in a sacred space of sharing with an open heart



Lake Mungo Homeland Spirit Sample Itinerary



Culpra Milli & Lake Mungo National Park

Day 1 - The Journey Begins - Airport/Mildura to Culpra Milli

- ☉ Make your own way to Mildura, being picked up at 11:30am at the Mildura Information Centre or 12:30pm at the airport
- ☉ The Red Earth leaders collect the group from the airport
- ☉ Drive to Culpra Milli in South-West NSW and meet Sophia Pearce, Traditional Owner and Barkandji woman
- ☉ Receive a Welcome to Country smoking in the ceremonial fireplace
- ☉ Set up camp by the Murray River, prepare and share dinner
- ☉ Learn about and discuss women's business around the fire

Day 2 - Culpra Milli Homeland

- ☉ Wake up to the smell of the fire and settle into your first morning on Barkandji Country.
- ☉ Engage in a traditional weaving activity, creating a piece to take home.
- ☉ Walk through the country to discover bush tucker and bush medicine and the ancient knowledge in their uses
- ☉ Enjoy a night under the stars listening to stories and learning from local family and friends

Day 3 - Culpra Milli to Lake Mungo National Park

- ☉ Farewell Sophia, family and friends, and begin the transit to Lake Mungo National Park
- ☉ Stop for lunch in Mildura
- ☉ On arrival to Lake Mungo, meet Tanya Charles, Traditional Owner and Mutthi Mutthi woman
- ☉ Discover thousands of years of fossils and Aboriginal history in the eroded clay on a guided ranger walk
- ☉ Watch the sun set over the picturesque lunettes learning of the cultural significance of the area and to community
- ☉ Set up camp and prepare dinner, enjoying a yarn around the campfire

Day 4 - Lake Mungo National Park

- ☉ Enjoy a guided walk and reflection on Aboriginal spirituality with Auntie Vicki Clark
- ☉ Spend the afternoon painting and learning traditional techniques
- ☉ In the evening, head back out to the park for Tìrráwa Púlki Yùúkatha, a 'soft quiet dreaming meditation'
- ☉ Listen to Dreamtime stories around the campfire.
- ☉ Final group closing and reflection for your last night on Immersion

Day 5 - Lake Mungo to Airport/Mildura

- ☉ Rise early for a sunrise reflection
- ☉ Receive a smoking ceremony before departing
- ☉ Pack up camp and say a final goodbye
- ☉ Be dropped off at Mildura or the airport around midday to make your own way home



Itineraries are subject to change. We provide a final itinerary a week before your immersion which considers factors such as weather, Homeland availability and road accesses which may have changed right before your travel. After receiving a final itinerary please know that changes during immersion can be common due to similar factors.



Mungo Lunette

Frequently Asked Questions (FAQs)

How do Elders and Traditional Owners feel about people coming onto their land? Will we be intruding?

We are an organisation driven by our Indigenous partners in the homelands of remote Australia. Our mission is to give Indigenous people the help they need if they wish to open the hearts and minds of visitors to their country, culture, and way of life. We only make our resources available if we're asked to help. Traditional Owners are the ones who decide if and when people should come onto their land, not us.

What is the pre-departure program like?

Red Earth takes its responsibility to ensure that each person attending an immersion is culturally and practically prepared very seriously. We have designed an online portal for this professional development trip tailored for your specific itinerary. You will be able to read up on the history of the area and the specific communities you will visit, read profiles of the Elders and Traditional Owners who will be hosting you, and look up useful information like packing lists and weather charts.

What amenities are available? Will there be showers and bathrooms?

We will have access to showers or river swims and flushing or drop toilets every day. It won't be like your bathroom at home, but will be enough to make the experience comfortable.

What food will be available?

While there will be opportunities for you to forage for bush foods, we bring all the catering equipment and meals with us. We will have fresh fruit and vegetables and healthy meals throughout the trip. We cater for every kind of dietary requirement and encourage participants to lend a hand in the kitchen. You can bring some food of your own too, but please note this is a 100% nut-free immersion.



Inclusions, payment process and cancellation policy

Inclusions

Red Earth organises everything from start to finish. The immersion fee includes:

- All ground travel on the program will be included, however, you will be expected to make your way to Mildura Airport. Flight costs are not included. Please ensure all flights arrive before program starts and leaves 2 hours after program end. For those arriving earlier or departing later, there will also be a pickup/drop-off point in Mildura town
- Red Earth leader(s) to look after the campsite, liaise with the community, uphold safety standards and help lead building and cultural activities
- Use of private, exclusive lands
- All cultural activities led by Traditional Owners, including equipment needed for the activities
- All ground transport with experienced drivers for the duration of the immersion
- Camping and cooking equipment
- Private mid height tents for each individual
- Three nutritious meals a day plus snacks
- Information session delivered by your leaders prior to the Immersion
- An online portal for participants with learning resources and information about your immersion
- Red Earth merchandise including a hoodie
- A comprehensive risk mitigation strategy
- Permits and entry fees
- Insurance for leaders, volunteers and third parties (not participants)

The following are not included:

- Airfares and travel insurance for participants
- The design, implementation, cost and delivery of the materials for a community project (where relevant)
- Souvenirs and purchases (including food) made at airports and on flights

Terms of Payment

1. Deposit: \$1,000 due upon registration
2. Second Payment: \$1,000 due on 17th January 2025
3. Balance: \$925 due 3rd March 2025

Red Earth Cancellation Policy – Ground Costs

For individuals who choose to cancel for any reason, the following Red Earth cancellation policy applies. This includes (but is not limited to) an individual not attending due to injury or illness.

- **Cancelling between due dates for the Deposit and Second Payment** will result in the forfeiture of the deposit amount.
- **Cancelling between due dates for the Second Payment and Balance** will result in the forfeiture of the deposit plus 50% of the second payment.
- **Cancellation between Balance Due Date and 4 Weeks Prior to Departure:** Forfeiture of the deposit, the second payment, plus an additional 50% of the final balance.
- **Cancellation within 4 Weeks Prior to Departure:** Forfeiture of the deposit, second payment, and 75% of the final balance.
- **Cancelling on or after the Date of Departure**, or failing to join the group without notice, will result in the forfeit of 100% of the fee paid.

Please note changes such as participant substitutions, adding new participants etc. can not be made later than 4 weeks prior to departure. Until the initial deposit payment is received, costs are subject to change at the discretion of Red Earth.



Interested?

Event: A 5-day transformative Red Earth and Wilderness Within Women's Immersion Program at the stunning Culpra Milli and Lake Mungo National Park!

Registration Fee: \$2,925 per person

Dates: Monday, 28th April - Friday, 2nd May 2025

Scan the QR Code or click here to apply!

Learn about our:



Safety



Traditional Owner
Partners



Immersion
Leaders



**LIMITED SPOTS AVAILABLE.
APPLY NOW!**



Accommodation





Transport

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